

Volunteer Role Description: Compassionate Projects Volunteer

Project details - Networks of support of family, friends, neighbours and community members, are the foundation of what matters most to those undergoing experiences of care-giving, approaching the end of life, death and bereavement. ACE Compassionate Communities project will provide practical support to people living in Ely, Caerau, Canton and Riverside and who are:

- affected by cancer
- bereaved
- approaching the end of their life
- caring for someone approaching the end of their life
- being discharged from hospital

Current projects include:

- Grief Space (alternating weekly between morning and evening sessions on Wednesdays)
- Coffee Mornings (Thursday mornings)

Future weekly sessions to be confirmed.

Volunteer Role: Compassionate Project Volunteer

Project Lead: Kimberley Jones & Taela-Mae Davies (07703495790)

Venue: ACE - Dusty Forge

Time: See above

Volunteers will gain:

- Appropriate and bespoke role training including training on compassionate conversations and health and safety
- Full access to regular supervision sessions from one of the project leads
- Full access to a monthly peer support group with all Compassionate project volunteers and ACE staff
- Time Credits (up to 5 per week)

Desired Skills

- Ability to communicate sensitively with community members and staff
- Ability to have conversations with people around care-giving, ill health, death, dying and bereavement
- Ability to promote compassion, consider support networks and work in a person-centred way (training given)
- Good time management and organisational skills

Volunteer responsibilities:

- Help set up Coffee mornings, Grief Space and other community engagement sessions
- Be available to answer questions and have conversations with community members
- Offer a listening ear and a supportive response
- Help set up, prepare and clear away refreshments (Food Hygiene training provided)
- Help to collect information from community members to help monitor impact

Project lead responsibilities:

- Work with volunteers to create bespoke opportunities that respond to the gifts, needs and aspirations of the volunteers
- Manage and supervise volunteers including session pre-brief and debrief
- Manage, lead and facilitate sessions
- Responsible for safeguarding and overall health and safety

I understand my responsibilities in the light of this role description:

Volunteer Name: Signed: Date: