

Social Groups and Activities

Refresh

Every Wednesday, 9.30 - 11.30am,
Ely & Caerau Hub. £1 or 1 time
credit entry (tea and toast included)

Join our friendly and supportive group for
a weekly coffee morning, bring a hobby
(knitting, art/craft, needlepoint) if you like
or just join in with the chat.

Children welcome but must be
accompanied by an adult.

**Ely & Caerau Hub, Cowbridge Road West,
Caerau, CF5 5BQ**

FAN Group (Friends and Neighbours)

Every Monday (term times),
9.30 - 10.30am, Ely & Caerau Hub.

A friendly way for people from around
the corner and around the world to meet
and talk. We talk about our daily lives,
our ideas and experiences.

Entry is free of charge.

**Ely & Caerau Hub, Cowbridge Road West,
Caerau, CF5 5BQ**

Knit and Natter

Every Friday (term times),
10am - 1.30pm

Dusty Forge. £1.50 entry

Pop along for a cuppa and learn to knit, in
a relaxed environment where you can
meet new people and have a chat.

Knitting needles and wool provided,
£1.50 entry (includes food and drinks).

First session free.

**Ourplace: Dusty Forge, 460 Cowbridge Road
West, Ely, CF5 5BZ**

'Endeavourers' Speakers Club

Every Wednesday (term times)
10am - 12pm

Glan Ely Church Hall. £2 entry.

We are a group of 60 - 90 year olds that
meet and have speakers to talk about
interesting subjects with a break for tea
and biscuits. From 12pm - 1pm we have
a lunch club serving light snacks prepared
by volunteers for a small charge.

**Glan Ely Church Hall, Grand Avenue,
Ely, CF5 4HX**